

Instructions for Patient Portal

1. Go to Pioneer Pediatrics website @ PioneerPediatrics.org. Click on **Patient Portal Sign-in link** located at the top left corner of the homepage.
2. Type in email address you gave us for your account.
3. Type in temporary password you received from our office. If you lost the temporary password, please call our office and we can reset your password. You will be prompted to "...set a new password." After setting a new password, you will be asked to "...choose a reminder query" (or question) for security measures.
4. After setting your security questions, you will be brought to an "Online Patient Service" page. Below that should be all of the children linked to your account. If you do not see your child's name or a child is missing that should be on your account, please call our office and we will check into the matter. Please be patient as this could take up to 24 hours for us to resolve.
5. You can then click on your child's name and then click on "Patient Information" toward the middle of the screen. This will bring up a list of "Options" to your left and "Allergies" to your right. Click on what you would like to view in the "Options" category.
6. The patient portal allows you to access immunization records, labs results, visit history, etc.
7. If you have a young adult living in the home that is 18 years of age or older, you will not be able to view their records unless we have a release signed by that young adult.

Patient Portal Temporary password:

Thank you for choosing Eureka Pediatrics as your child's care giver. We look forward to serving their medical needs.

Sports Parents: Safety Checklist

- My child has completed a pre-participation physical by his/her doctor this year.
- My child's coaches have his/her emergency contact information.
- I know the signs/symptoms of concussion and make sure that my athlete and his/her coach knows them as well.
- I make sure my athlete and their coaches understand the importance of rest during games and practices.
- My child knows the importance of drinking plenty of water during sporting events.
- My child's coaches have scheduled water breaks during practices and games.
- Along with the coaches, I know and look for signs/symptoms of dehydration.
- My child has properly fitted equipment for his/her sport.
- My athlete takes at least 10 weeks off from any one sport during the year.

For more information go to: www.safekids.org/sports

Fall Calendar of Events:

September is [Baby Safety Month](#)
 Sept 15-21 [Child Passenger Safety Week](#)
 Sept 18 School Backpack Awareness Day
 Sept 21 Seat Check Saturday
 Oct 7-13 Pediatric Nurses Week
 Oct 10 [World Mental Health Day](#)
 Oct 14-18 [School Lunch Week](#)
 Oct 18-26 National Teen Driver Safety Week
www.oregonimpact.org
 Oct 21-25 [School Bus Safety Week](#)